

**Monday****Oct 1**

Cheeseburger (P)\*  
 Chicken Fried Slider\*  
 Potato, Wedges, Seasoned\*  
 Peaches, Canned, Diced (C)\*  
 Apples, Fresh, Whole sliced\*  
 Finishing Bar, ALL AMERICAN\*  
 Milk 1% Lowfat Hiland\*  
 Milk FatFree Chocolate Hiland\*  
 Salad Bar, Lettuce/Spinach Mix\*  
 Salad Bar, Broccoli, Florets\*  
 Salad Bar, Carrots, Baby\*  
 Salad Bar, Dressing, Italian\*  
 Salad Bar, Dressing, Ranch\*  
 Ketchup, Bulk\*  
 Mustard, Bulk\*  
 Mayonnaise, Bulk\*

**Tuesday****Oct 2**

Sandwich, Ham & Cheese\*  
 Corn Dog, Turkey\*  
 Peas, Green, Canned (C) 1/2 c\*  
 Pineapple, Canned, Tidbits (C)\*  
 Bananas\*  
 Milk 1% Lowfat Hiland\*  
 Milk FatFree Chocolate Hiland\*  
 Salad Bar, Lettuce/Spinach Mix\*  
 Salad Bar, Broccoli, Florets\*  
 Salad Bar, Carrots, Baby\*  
 Salad Bar, Celery, Sticks\*  
 Salad Bar, Cucumber, Raw\*  
 Salad Bar, Tomatoes, Raw\*  
 Salad Bar, Dressing, Italian\*  
 Salad Bar, Dressing, Ranch\*  
 Mustard, Bulk\*  
 Ketchup, Bulk\*

**Wednesday****Oct 3**

Chicken, Orange, Elementary\*  
 Sweet and Sour Meatball\*  
 Rice, Brown\*  
 Broccoli, Frz, Cuts, 1/2 cup\*  
 Oranges\*  
 Fruit, Tropical Salad\*  
 Milk 1% Lowfat Hiland\*  
 Milk FatFree Chocolate Hiland\*  
 Salad Bar, Lettuce/Spinach Mix\*  
 Salad Bar, Broccoli, Florets\*  
 Salad Bar, Carrots, Baby\*  
 Salad Bar, Celery, Sticks\*  
 Salad Bar, Cucumber, Raw\*  
 Salad Bar, Tomatoes, Raw\*  
 Salad Bar, Dressing, Ranch\*  
 Salad Bar, Dressing, Italian\*

**Thursday****Oct 4**

Taco, Beef, 8" WG, HM (C)\*  
 Elementary Chicken Street Tacos\*  
 Chips, Fritos 2 oz\*  
 Baja Street Corn\*  
 Beans, Pinto, Cnd 1/2 cup\*  
 Apple Slices, Cnd, Unswt, (C)\*  
 Pears, Fresh\*  
 Finishing Bar, CILANTRO\*  
 Milk 1% Lowfat Hiland\*  
 Milk FatFree Chocolate Hiland\*  
 Salad Bar, Lettuce/Spinach Mix\*  
 Salad Bar, Carrots, Baby\*  
 Salad Bar, Dressing, Italian\*  
 Salad Bar, Dressing, Ranch\*

**Friday****Oct 5**

Sub, Meatball\*  
 Pizza, 14" Meatlovers, 51%WG\*  
 Beans, Green (P) 1/2 cup\*  
 Fruit, Mixed, Cnd (C)\*  
 Fruit Bowl\*  
 Milk 1% Lowfat Hiland\*  
 Milk FatFree Chocolate Hiland\*  
 Salad Bar, Lettuce/Spinach Mix\*  
 Salad Bar, Broccoli, Florets\*  
 Salad Bar, Carrots, Baby\*  
 Salad Bar, Celery, Sticks\*  
 Salad Bar, Cucumber, Raw\*  
 Salad Bar, Tomatoes, Raw\*  
 Salad Bar, Dressing, Ranch\*  
 Salad Bar, Dressing, Italian\*

**Oct 8**

Pork, BBQ Sandwich\*  
 Sandwich, Chicken Patty,Grilld\*  
 Fries, Crinkle Cut, Oven Ready  
 1/2 cup\*  
 Peaches, Canned, Diced (C)\*  
 Apples, Fresh, Whole sliced\*  
 Finishing Bar, ALL AMERICAN\*  
 Milk 1% Lowfat Hiland\*  
 Milk FatFree Chocolate Hiland\*  
 Salad Bar, Lettuce/Spinach Mix\*  
 Salad Bar, Broccoli, Florets\*  
 Salad Bar, Carrots, Baby\*  
 Salad Bar, Dressing, Italian\*  
 Salad Bar, Dressing, Ranch\*  
 Ketchup, Bulk\*  
 Mayonnaise, Bulk\*  
 Mustard, Bulk\*

**Oct 9**

Chicken, Fajitas, 8" WG\*  
 Taco, Beef, 8" WG, HM (C)\*  
 Beans, Charro 1/2 cup\*  
 Pineapple, Canned, Tidbits (C)\*  
 Bananas\*  
 Finishing Bar, CILANTRO\*  
 Milk 1% Lowfat Hiland\*  
 Milk FatFree Chocolate Hiland\*  
 Salad Bar, Lettuce/Spinach Mix\*  
 Salad Bar, Broccoli, Florets\*  
 Salad Bar, Carrots, Baby\*  
 Salad Bar, Dressing, Italian\*  
 Salad Bar, Dressing, Ranch\*

**Oct 10**

Sandwich, Grilled Cheese\*  
 Chicken, Tenders, Breaded, WG\*  
 Chips, Sunchips,HvstCheddar,1oz  
 Peas, Blackeyed 1/2 cup\*  
 Oranges\*  
 Fruit, Tropical Salad\*  
 Milk 1% Lowfat Hiland\*  
 Milk FatFree Chocolate Hiland\*  
 Salad Bar, Lettuce/Spinach Mix\*  
 Salad Bar, Broccoli, Florets\*  
 Salad Bar, Carrots, Baby\*  
 Salad Bar, Celery, Sticks\*  
 Salad Bar, Cucumber, Raw\*  
 Salad Bar, Tomatoes, Raw\*  
 Salad Bar, Dressing, Ranch\*  
 Salad Bar, Dressing, Italian\*  
 Sauce, BBQ, Indv\*

**Oct 11**

Spaghetti, Meat Sauce\*  
 Pizza, 14" Pepperoni 51% WG\*  
 Beans, Green (P) 1/2 cup\*  
 Pears, Fresh\*  
 Apple Slices, Cnd, Unswt, (C)\*  
 Milk 1% Lowfat Hiland\*  
 Milk FatFree Chocolate Hiland\*  
 Salad Bar, Lettuce/Spinach Mix\*  
 Salad Bar, Broccoli, Florets\*  
 Salad Bar, Carrots, Baby\*  
 Salad Bar, Cucumber, Raw\*  
 Salad Bar, Celery, Sticks\*  
 Salad Bar, Tomatoes, Raw\*  
 Salad Bar, Dressing, Italian\*  
 Salad Bar, Dressing, Ranch\*

**Oct 12**

Cheeseburger (P)\*  
 Sandwich, Chicken Patty, Bread\*  
 Fries, Crinkle Cut, Oven Ready  
 1/2 cup\*  
 Peaches, Canned, Diced (C)\*  
 Apples, Fresh, Whole sliced\*  
 Finishing Bar, ALL AMERICAN\*  
 Milk 1% Lowfat Hiland\*  
 Milk FatFree Chocolate Hiland\*  
 Salad Bar, Lettuce/Spinach Mix\*  
 Salad Bar, Broccoli, Florets\*  
 Salad Bar, Carrots, Baby\*  
 Salad Bar, Dressing, Italian\*  
 Salad Bar, Dressing, Ranch\*  
 Ketchup, Bulk\*  
 Mustard, Bulk\*  
 Mayonnaise, Bulk\*

**Oct 15**

Dutch Waffle WG\*  
 Syrup, Packet\*  
 Sausage Link, Pork (CN)\*  
 Burrito, Egg & Cheese, 8" WG\*  
 Peaches Diced, 1/2 cup\*  
 Apples, Fresh, Whole sliced\*  
 Milk 1% Lowfat Hiland\*  
 Milk FatFree Chocolate Hiland\*  
 Salad Bar, Lettuce/Spinach Mix\*  
 Salad Bar, Broccoli, Florets\*  
 Salad Bar, Carrots, Baby\*  
 Salad Bar, Celery, Sticks\*  
 Salad Bar, Cucumber, Raw\*  
 Salad Bar, Tomatoes, Raw\*  
 Salad Bar, Dressing, Italian\*  
 Salad Bar, Dressing, Ranch\*

**Oct 16**

Chicken, Mexican\*  
 Taco, Beef, 8" WG, HM (C)\*  
 Beans, Refried,Cnd 1/2 cup\*  
 Pineapple, Tidbits 1/2 cup\*  
 Bananas\*  
 Finishing Bar, CILANTRO\*  
 Milk 1% Lowfat Hiland\*  
 Milk FatFree Chocolate Hiland\*  
 Salad Bar, Lettuce/Spinach Mix\*  
 Salad Bar, Broccoli, Florets\*  
 Salad Bar, Carrots, Baby\*  
 Salad Bar, Dressing, Italian\*  
 Salad Bar, Dressing, Ranch\*

**Oct 17**

Chicken, Lemon Pepper, C\*  
 BBQ Bites\*  
 Dinner Roll, WG 2.0 oz\*  
 K-12 Mashed Potatoes\*  
 Oranges\*  
 Fruit, Tropical Salad 1/2 cup\*  
 Milk 1% Lowfat Hiland\*  
 Milk FatFree Chocolate Hiland\*  
 Salad Bar, Lettuce/Spinach Mix\*  
 Salad Bar, Broccoli, Florets\*  
 Salad Bar, Carrots, Baby\*  
 Salad Bar, Celery, Sticks\*  
 Salad Bar, Cucumber, Raw\*  
 Salad Bar, Tomatoes, Raw\*  
 Salad Bar, Dressing, Ranch\*  
 Salad Bar, Dressing, Italian\*

**Oct 18**

Pizza, 14" Cheese 52% WG\*  
 Pizza, 14" Taco, 51%WG\*  
 Beans, Green (P) 1/2 cup\*  
 Apple Slices, Cnd, w Cinna (C)\*  
 Pears, Fresh\*  
 Milk 1% Lowfat Hiland\*  
 Milk FatFree Chocolate Hiland\*  
 Salad Bar, Lettuce/Spinach Mix\*  
 Salad Bar, Broccoli, Florets\*  
 Salad Bar, Carrots, Baby\*  
 Salad Bar, Cucumber, Raw\*  
 Salad Bar, Celery, Sticks\*  
 Salad Bar, Tomatoes, Raw\*  
 Salad Bar, Dressing, Italian\*  
 Salad Bar, Dressing, Ranch\*

**Oct 19**

Chicken, Popcorn, Elementary\*  
 Sub, Philly Cheese Steak\*  
 Peas & Carrots, Frz 1/2 cup  
 Fruit, Mixed 1/2 cup\*  
 Fruit Bowl\*  
 Milk 1% Lowfat Hiland\*  
 Milk FatFree Chocolate Hiland\*  
 Salad Bar, Lettuce/Spinach Mix\*  
 Salad Bar, Broccoli, Florets\*  
 Salad Bar, Carrots, Baby\*  
 Salad Bar, Celery, Sticks\*  
 Salad Bar, Cucumber, Raw\*  
 Salad Bar, Tomatoes, Raw\*  
 Salad Bar, Dressing, Ranch\*  
 Salad Bar, Dressing, Italian\*  
 Ketchup, Bulk\*

Oct 22

Oct 23

Oct 24

Oct 25

Oct 26

Soup, Taco (ETB)\*  
 Pretzel Stick, Bosco 6\*\*  
 Burrito, Beef & Bean WG, Frz\*  
 Corn, Canned (C) 1/2 cup\*  
 Pineapple, Tidbits 1/2 cup\*  
 Bananas\*  
 Milk 1% Lowfat Hiland\*  
 Milk FatFree Chocolate Hiland\*  
 Salad Bar, Lettuce/Spinach Mix\*  
 Salad Bar, Broccoli, Florets\*  
 Salad Bar, Carrots, Baby\*  
 Salad Bar, Celery, Sticks\*  
 Salad Bar, Cucumber, Raw\*  
 Salad Bar, Tomatoes, Raw\*  
 Salad Bar, Dressing, Italian\*  
 Salad Bar, Dressing, Ranch\*

Chicken, BBQ Glazed C\*  
 Chicken, Tenders, Breaded, WG  
 \*  
 Dinner Roll, WG 2.0 oz\*  
 Beans, Baked, 1/2 Cup\*  
 Oranges\*  
 Fruit, Tropical Salad 1/2 cup\*  
 Milk 1% Lowfat Hiland\*  
 Milk FatFree Chocolate Hiland\*  
 Salad Bar, Lettuce/Spinach Mix\*  
 Salad Bar, Broccoli, Florets\*  
 Salad Bar, Carrots, Baby\*  
 Salad Bar, Celery, Sticks\*  
 Salad Bar, Cucumber, Raw\*  
 Salad Bar, Tomatoes, Raw\*  
 Salad Bar, Dressing, Ranch\*  
 Salad Bar, Dressing, Italian\*  
 Sauce, BBQ, Indv\*

CHICKEN ALFREDO WITH A T  
 WIST\*  
 Pizza, 14" Pepperoni 51% WG\*  
 Beans, Green (P) 1/2 cup\*  
 Pears, Fresh\*  
 Apple Slices, Cnd, w Cinna (C)\*  
 Milk 1% Lowfat Hiland\*  
 Milk FatFree Chocolate Hiland\*  
 Salad Bar, Lettuce/Spinach Mix  
 \*  
 Salad Bar, Broccoli, Florets\*  
 Salad Bar, Carrots, Baby\*  
 Salad Bar, Cucumber, Raw\*  
 Salad Bar, Celery, Sticks\*  
 Salad Bar, Tomatoes, Raw\*  
 Salad Bar, Dressing, Italian\*  
 Salad Bar, Dressing, Ranch\*

Smokehouse Sliders\*  
 Sandwich, Turkey & Cheese\*  
 Potato, Wedges, Seasoned\*  
 Fruit, Mixed 1/2 cup\*  
 Fruit Bowl\*  
 Milk 1% Lowfat Hiland\*  
 Milk FatFree Chocolate Hiland\*  
 Salad Bar, Lettuce/Spinach Mix  
 \*  
 Salad Bar, Broccoli, Florets\*  
 Salad Bar, Carrots, Baby\*  
 Salad Bar, Celery, Sticks\*  
 Salad Bar, Cucumber, Raw\*  
 Salad Bar, Tomatoes, Raw\*  
 Salad Bar, Dressing, Ranch\*  
 Salad Bar, Dressing, Italian\*  
 Ketchup, Bulk\*  
 Mustard, Bulk\*

Oct 29

Oct 30

Oct 31

Chili, Dog HM\*  
 Nachos, Turkey Taco Meat (C)\*  
 Corn, Canned (C) 1/2 cup\*  
 Salad, Coleslaw\*  
 Peaches Diced, 1/2 cup\*  
 Apples, Fresh, Whole sliced\*  
 Finishing Bar, Burrito  
 Milk 1% Lowfat Hiland\*  
 Milk FatFree Chocolate Hiland\*  
 Salad Bar, Lettuce/Spinach Mix\*  
 Salad Bar, Broccoli, Florets\*  
 Salad Bar, Carrots, Baby\*  
 Salad Bar, Tomatoes, Raw\*  
 Salad Bar, Dressing, Italian\*  
 Salad Bar, Dressing, Ranch\*  
 Mustard, Bulk\*

Chicken Crispito CN - 2\*  
 Chicken, Mexican\*  
 Rice, Spanish w/Salsa, 1/2 cup\*  
 Beans, Pinto, Cnd 1/2 cup\*  
 Pineapple, Tidbits 1/2 cup\*  
 Bananas\*  
 Finishing Bar, Burrito  
 Milk 1% Lowfat Hiland\*  
 Milk FatFree Chocolate Hiland\*  
 Salad Bar, Lettuce/Spinach Mix\*  
 Salad Bar, Broccoli, Florets\*  
 Salad Bar, Carrots, Baby\*  
 Salad Bar, Tomatoes, Raw\*  
 Salad Bar, Dressing, Italian\*  
 Salad Bar, Dressing, Ranch\*

Beef Fingers\*  
 Chicken, Oven Baked, Breaded  
 P\*  
 Dinner Roll, WG 2.0 oz\*  
 K-12 Mashed Potatoes\*  
 Gravy, Country\*  
 Oranges\*  
 Fruit, Tropical Salad 1/2 cup\*  
 Milk 1% Lowfat Hiland\*  
 Milk FatFree Chocolate Hiland\*  
 Salad Bar, Lettuce/Spinach Mix\*  
 Salad Bar, Broccoli, Florets\*  
 Salad Bar, Carrots, Baby\*  
 Salad Bar, Celery, Sticks\*  
 Salad Bar, Cucumber, Raw\*  
 Salad Bar, Tomatoes, Raw\*  
 Salad Bar, Dressing, Ranch\*  
 Salad Bar, Dressing, Italian\*