

Monday

Tuesday

Wednesday

Thursday

Friday

Oct 1

Cereal Variety #No Nuts*
Cracker, Goldfish, GiantGraham
*
Donut Powdered Mini WG*
Raisins, Box*
Juice, Apple, Carton, 4oz 100%*
Juice, Orange, Carton, 4oz100%
*
Milk 1% Lowfat Hiland*
Milk FatFree Chocolate Hiland*

Oct 2

Cereal Variety #No Nuts*
Cracker, Goldfish, GiantGraham
*
Biscuit, Sausage*
Raisins, Box*
Juice, Apple, Carton, 4oz 100%*
Juice, Orange, Carton, 4oz100%
*
Milk 1% Lowfat Hiland*
Milk FatFree Chocolate Hiland*

Oct 3

Cereal Variety #No Nuts*
Yogurt Parfait, BlBerry Granola*
Cracker, Goldfish, GiantGraham
*
Fruit, Mixed 1/2 cup*
Juice, Apple, Carton, 4oz 100%*
Juice, Orange, Carton, 4oz100%
*
Milk 1% Lowfat Hiland*
Milk FatFree Chocolate Hiland*

Oct 4

Cereal Variety #No Nuts*
Egg, Scramble*
Toast w/ Margarine, WW*
Jelly, Assorted*
Raisins, Box*
Juice, Apple, Carton, 4oz 100%
*
Juice, Orange, Carton, 4oz100
%*
Milk 1% Lowfat Hiland*
Milk FatFree Chocolate Hiland*

Oct 5

Cereal Variety #No Nuts*
Cracker, Goldfish, GiantGraham
*
Pancakes, WG*
Sausage Link, Pork (CN)*
Raisins, Box*
Juice, Apple, Carton, 4oz 100%
*
Juice, Orange, Carton, 4oz100
%*
Milk 1% Lowfat Hiland*
Milk FatFree Chocolate Hiland*
Syrup, Packet*

Oct 8

Cereal Variety #No Nuts*
Cracker, Goldfish, GiantGraham
*
Dutch Waffle WG*
Peaches Diced, 1/2 cup*
Juice, Apple, Carton, 4oz 100%*
Juice, Orange, Carton, 4oz100%
*
Milk 1% Lowfat Hiland*
Milk FatFree Chocolate Hiland*

Oct 9

Cereal Variety #No Nuts*
Cracker, Goldfish, GiantGraham
*
Chicken Biscuit - Breakfast*
Raisins, Box*
Juice, Apple, Carton, 4oz 100%*
Juice, Orange, Carton, 4oz100%
*
Milk 1% Lowfat Hiland*
Milk FatFree Chocolate Hiland*

Oct 10

Cereal Variety #No Nuts*
Cracker, Goldfish, GiantGraham
*
Muffin, Blueberry, WG, RF, 2oz*
Fruit, Mixed 1/2 cup*
Juice, Apple, Carton, 4oz 100%*
Juice, Orange, Carton, 4oz100%
*
Milk 1% Lowfat Hiland*
Milk FatFree Chocolate Hiland*

Oct 11

Cereal Variety #No Nuts*
Omelet, w/ ChdrCheese, 2oz*
Toast w/ Margarine, WW*
Raisins, Box*
Juice, Apple, Carton, 4oz 100%
*
Juice, Orange, Carton, 4oz100
%*
Milk 1% Lowfat Hiland*
Milk FatFree Chocolate Hiland*

Oct 12

Cereal Variety #No Nuts*
Cracker, Goldfish, GiantGraham
*
Biscuit, Ham & Cheese HM*
Raisins, Box*
Juice, Apple, Carton, 4oz 100%
*
Juice, Orange, Carton, 4oz100
%*
Milk 1% Lowfat Hiland*
Milk FatFree Chocolate Hiland*

Oct 15

Cereal Variety #No Nuts*
Cracker, Goldfish, GiantGraham
*
Donut Chocolate Mini WG*
Fruit Bowl*
Juice, Apple, Carton, 4oz 100%*
Juice, Orange, Carton, 4oz100%
*
Milk 1% Lowfat Hiland*
Milk FatFree Chocolate Hiland*

Oct 16

Cereal Variety #No Nuts*
Biscuit, Bacon and Cheese WG
*
Raisins, Box*
Juice, Apple, Carton, 4oz 100%*
Juice, Orange, Carton, 4oz100%
*
Milk 1% Lowfat Hiland*
Milk FatFree Chocolate Hiland*

Oct 17

Cereal Variety #No Nuts*
Cracker, Goldfish, GiantGraham
*
Yogurt Parfait, BlBerry Granola*
Fruit, Mixed 1/2 cup*
Juice, Apple, Carton, 4oz 100%*
Juice, Orange, Carton, 4oz100%
*
Milk 1% Lowfat Hiland*
Milk FatFree Chocolate Hiland*

Oct 18

Cereal Variety #No Nuts*
Cracker, Goldfish, GiantGraham
*
Biscuit, Sausage*
Raisins, Box*
Juice, Apple, Carton, 4oz 100%
*
Juice, Orange, Carton, 4oz100
%*
Milk 1% Lowfat Hiland*
Milk FatFree Chocolate Hiland*

Oct 19

Cereal Variety #No Nuts*
Oatmeal*
Toast w/ Margarine, WW*
Raisins, Box*
Juice, Apple, Carton, 4oz 100%
*
Juice, Orange, Carton, 4oz100
%*
Milk 1% Lowfat Hiland*
Milk FatFree Chocolate Hiland*

Oct 22

Cereal Variety #No Nuts*
Cracker, Goldfish, GiantGraham
*
Donut Chocolate Mini WG*
Fruit Bowl*
Juice, Apple, Carton, 4oz 100%*
Juice, Orange, Carton, 4oz100%
*
Milk 1% Lowfat Hiland*
Milk FatFree Chocolate Hiland*

Oct 23

Cereal Variety #No Nuts*
Cracker, Goldfish, GiantGraham
*
Biscuit, Egg, Sausage & Chees
e*
Peaches Diced, 1/2 cup*
Juice, Apple, Carton, 4oz 100%*
Juice, Orange, Carton, 4oz100%
*
Milk 1% Lowfat Hiland*
Milk FatFree Chocolate Hiland*

Oct 24

Cereal Variety #No Nuts*
Cracker, Goldfish, GiantGraham
*
Pancakes, WG*
Sausage Link, Pork (CN)*
Syrup, Packet*
Raisins, Box*
Juice, Apple, Carton, 4oz 100%*
Juice, Orange, Carton, 4oz100%
*
Milk 1% Lowfat Hiland*
Milk FatFree Chocolate Hiland*

Oct 25

Cereal Variety #No Nuts*
Cracker, Goldfish, GiantGraham
*
Breakfast Pizza, Sausage, Tony
s*
Pears, Diced 1/2 cup*
Juice, Apple, Carton, 4oz 100%
*
Juice, Orange, Carton, 4oz100
%*
Milk 1% Lowfat Hiland*
Milk FatFree Chocolate Hiland*

Oct 26

Cereal Variety #No Nuts*
Cracker, Goldfish, GiantGraham
*
Panini, Breakfast, Sausage*
Raisins, Box*
Juice, Apple, Carton, 4oz 100%
*
Juice, Orange, Carton, 4oz100
%*
Milk 1% Lowfat Hiland*
Milk FatFree Chocolate Hiland*

Oct 29

Cereal Variety #No Nuts*
Donut, Super, RF IW*
Raisins, Box*
Juice, Apple, Carton, 4oz 100%*
Juice, Orange, Carton, 4oz100%
*
Milk 1% Lowfat Hiland*
Milk FatFree Chocolate Hiland*

Oct 30

Cereal Variety #No Nuts*
Cracker, Goldfish, GiantGraham
*
Biscuit, Sausage*
Peaches Diced, 1/2 cup*
Juice, Apple, Carton, 4oz 100%*
Juice, Orange, Carton, 4oz100%
*
Milk 1% Lowfat Hiland*
Milk FatFree Chocolate Hiland*

Oct 31

Cereal Variety #No Nuts*
Cracker, Goldfish, GiantGraham
*
Yogurt Parfait, BlBerry Granola*
Fruit, Mixed 1/2 cup*
Juice, Apple, Carton, 4oz 100%*
Juice, Orange, Carton, 4oz100%
*
Milk 1% Lowfat Hiland*
Milk FatFree Chocolate Hiland*

Oct 31

Cereal Variety #No Nuts*
Cracker, Goldfish, GiantGraham
*
Yogurt Parfait, BlBerry Granola*
Fruit, Mixed 1/2 cup*
Juice, Apple, Carton, 4oz 100%*
Juice, Orange, Carton, 4oz100%
*
Milk 1% Lowfat Hiland*
Milk FatFree Chocolate Hiland*